

## COMMON ATTRIBUTES OF PARENTS IN PROTRACTED CONFLICT - common in PC Process

### PERSISTENT COMPETITION FOR CONTROL

- parents are often in a struggle that is not truly about the child but, rather, about their unhealthy engagement with one another. Having the last word is key and a sign of "winning"

### SUSTAINED NEED FOR AUTONOMY

- closely related to the need for control, an unremitting quest for autonomy sometimes means a parent fails to engage in good faith dialogue

### PROFOUND LACK OF TRUST

-a PERVERSIVE characteristic of high-conflict co-parenting relationships ~ it hampers the PC's ability to broker settlement that requires parents to "take a leap of faith" as to the other parent's expected conduct

### EXPECTATION THAT OTHER PARENT WILL WEAPONIZE PC PROCESS

- requests by the other parent to bring disputes to the PC are viewed as a tactic to weaponize the PC process. Contrary positions in front of the PC are viewed as "bullying"

### ON CAMPAIGN TO CONVINCE PC THAT OTHER PARENT IS UNRELIABLE AND UNTRUTHFUL

- in the PC process, parents often believe that the PC will not be able to fairly and reasonably assist in the resolution of disputes until they accept their narrative about the other parent

### RESENTFUL OF HAVING TO SPEND \$ ON PC PROCESS

- closely related to fear of weaponizing, parents are often upset that the other parent is bringing issues to the PC - and yet, they do not apply the same standard for their own issues for resolution